TERM 3 IMPORTANT DATES

Friday 29th August
Year 6 ‘School Rock’ fundraiser
Thursday 4th September
Father’s Day Stall
Year 6 Warilla High School visit
Assembly
Friday 5th September
PSSA Gala Day
Friday 12th September
Kindy excursion to the Lake Foreshore
Assembly
Thursday 18th September
Assembly
Friday 19th September
Last Day of Term 3
Tuesday 7th October
First day of Term 4 for everyone

Parents, Carers and Community members,

Our talented athletes
Last Friday, six of our talented athletics students went to Canberra for the Mid-South Coast Regional PSSA Athletics Carnival. The competition was tough, but our kids competed well with the following results:
Marlee F – 3rd in 8ys girls 100m (heat)
Jay I – 8th in boys 11yrs high jump, 16th in boys 11yrs long jump
Sean T – 5th in boys 10yrs 200m, 10th in 10yrs boys 100m
Ruby M – 1st in the 11yrs girls 800m
Dakota C – 5th in the 12yrs girls 200m
Rhiannon T – 3rd 12/13yrs girls shot put, 7th in 12yrs girls 100m
Rhiannon and Ruby will now progress to the State Athletics Carnival to be held at Homebush Olympic Park early in Term 4.

Staff Professional Learning
Tomorrow, our K-2 teachers will continue their off-class professional learning with Mrs Jo Collins, in early numeracy (maths) and reading strategies. This professional learning is part of our commitment to improving student outcomes in the “early years” (K-2) under the NSW Early Action for Success reform. Our staff are working really hard to individualise learning for our students, and I am really excited by the developments our school is making in literacy and numeracy.

Year 6 Fundraiser – “School Rock”
On Friday 29th August, students in Stage 3 will be making “Cold Rock” style ice creams called “School Rock” (with flavour mix-ins) to raise money for the Year 6 Farewell and gift to the school. Ice-creams will cost $2.50 and will be sold at both lunch and recess. Please support our students and their enterprising ideas to bring fun into school lunchtimes!
Thank you from the Stage 3 Teachers

Lost property
It has come to our attention, that there is a large amount of lost property being taken from the bins that does not belong to the families who are claiming it. Lost property is not a “free for all” clothing pool. It is there for parents to reclaim items that have been left lying around the school. Many teachers return items to students directly, but our school cleaners and other workers within the school often place items in lost property, understanding that they can be “found” in a safe place. For this reason, the lost property bins have been moved away from the entry doors of the office. If your child has lost something at school (clothing, drink bottle, lunch box), please ask the office staff and they will assist you in checking in the lost property bins. Alternatively, second hand school clothing may be purchased for $2/piece from the office.
Warilla High School: Internet Safety Presentation Helps Children Stay Safe Online

Young people today are immersed in digital technologies. They use the internet and mobile phones to socialise, study, exchange ideas and play. While online activity has many benefits, there are also risks. To help your children stay safe online, Warilla is hosting a Cybersmart Outreach - Internet Safety Awareness presentation. Designed for parents, teachers and students, this presentation is provided by the Australian Communications and Media Authority (the ACMA) as part of a national program of cybersmart initiatives.

The Cybersmart Outreach—Internet Safety Awareness presentation is thorough and non-technical. It covers a range of issues including:

- the ways children use the internet and emerging technologies
- potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content
- tips to help children stay safe online.

The presentation is conducted by an ACMA Cybersmart trainer and is free of charge.

Warilla is committed to helping students develop appropriate behaviours when using digital technologies, both at school and home.

The Cybersmart Outreach—Internet Safety Awareness presentation will be held on:

**Wednesday 27 August - 5.30pm - In the Warilla High School Hall**

There is no need to RSVP just attend on the night.

Mr. G. Smart
Relieving HT Welfare

**Parenting Ideas**

This week’s Parenting Ideas article is about “Why consistency improves kids behaviour”. Please take the time to read this great article!

**Kindergarten 2014 enrolments**

The school is now taking enrolments for next year’s Kindergarten students. If you have, or know of, a child who will be starting school next year at Barrack Heights Public School, then please contact our administration for further information. Enrolment forms can be picked up from the front office.

If you have any questions or concerns, or have a child with special needs who will be starting kindergarten in 2014, then please ask to speak to the Kindergarten coordinator, Mrs Angie Maranesi.

**P&C News**

**Father's Day Stall**

The P&C are holding a Father's Day stall on Thursday 4 September. Students can buy a lovely gift that they have chosen themselves. The gifts range in price from $2 to $10 and include screw driver and tool kits, stubbie holders, mug and coaster sets, travel mugs, caps, photo frames, pens, desk caddy, key rings, car care and more.

Buy for Dad, Pop, Grandpa, or for anyone special. Kindergarten parents, please place money in an envelope with child’s name, class and amount enclosed.

If any parents are available to help with the stall on the day for a couple of hours, it would be greatly appreciated. Meet in the hall at 8.45am.

**Parenting Ideas**

The P&C have purchased a subscription to the Parenting Ideas Website. The factsheets attached to our school's weekly newsletter are examples of some of the useful topics covered by the website. To take advantage of the Parenting Ideas website from your home computer, please contact the office for the unique code for our school subscription. This is a fantastic resource for all parents!
<table>
<thead>
<tr>
<th>TEACHER</th>
<th>NAME</th>
<th>YCDI AWARD REASON</th>
<th>CODE</th>
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<tbody>
<tr>
<td>Ms Maranesi</td>
<td>Heidi B</td>
<td>Trying hard with all class work</td>
<td>P</td>
</tr>
<tr>
<td></td>
<td>Nicholas D</td>
<td>Getting along &amp; being a good friend</td>
<td>GA</td>
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<tr>
<td>Mrs Holloway</td>
<td>Lexie M</td>
<td>Excellent effort &amp; progress in Reading</td>
<td>P</td>
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<td></td>
<td>Ceegan M</td>
<td>Enthusiasm towards learning</td>
<td>C</td>
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<tr>
<td>Ms Scott</td>
<td>Lance W</td>
<td>Improved confidence in Reading</td>
<td>C</td>
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<td></td>
<td>Jamie R</td>
<td>Showing stamina in Writing</td>
<td>P</td>
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<tr>
<td>Mrs Broomham</td>
<td>Rynahn R</td>
<td>Confidently working in Maths</td>
<td>C</td>
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<td></td>
<td>Koen G</td>
<td>&quot; &quot;</td>
<td>C</td>
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<tr>
<td>Mr Ellsmore</td>
<td>Malakai W</td>
<td>Being a co-operative student</td>
<td>C</td>
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<tr>
<td></td>
<td>Brendan N</td>
<td>Reading improvement</td>
<td>C</td>
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<tr>
<td>Mrs Harris</td>
<td>Brodie T</td>
<td>Showing kindness to others</td>
<td>GA</td>
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<tr>
<td></td>
<td>Logan C</td>
<td>Awesome work on his speech</td>
<td>C</td>
</tr>
<tr>
<td>Miss Broomham</td>
<td>Jacob W</td>
<td>Improved confidence &amp; working with persistence</td>
<td>C,P</td>
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<tr>
<td>Ms Dunn</td>
<td>Jai R</td>
<td>Working with persistence &amp; excellent behaviour</td>
<td>P</td>
</tr>
<tr>
<td></td>
<td>Gavin K</td>
<td>Excellent behaviour &amp; working with persistence</td>
<td>P</td>
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<tr>
<td>Mr Ryan</td>
<td>Haiden M</td>
<td>Confidence with Spelling &amp; participation</td>
<td>C</td>
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<tr>
<td></td>
<td>Nathan W</td>
<td>Confidence with Book Week Presentation</td>
<td>C</td>
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<tr>
<td>Mrs Wheeler</td>
<td>Rhiannon T</td>
<td>Excellent behaviour &amp; working with Persistence</td>
<td>P</td>
</tr>
<tr>
<td></td>
<td>Jessica W</td>
<td>Working with great Persistence</td>
<td>P</td>
</tr>
<tr>
<td>Mrs Debnam</td>
<td>Tiffany B</td>
<td>Outstanding borrowing and returning</td>
<td>O</td>
</tr>
<tr>
<td>Mrs Roughan</td>
<td>Brayden C</td>
<td>Helping with Brekky Club</td>
<td>GA</td>
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<tr>
<td></td>
<td>Jesse B</td>
<td>Being a helpful and co-operative student</td>
<td>C</td>
</tr>
<tr>
<td>Ms Scott</td>
<td>Georgie P</td>
<td>A great helper during Science activities</td>
<td>C</td>
</tr>
<tr>
<td>Mrs Kolevski</td>
<td>Samantha W</td>
<td>Being organised in Science &amp; using her manners</td>
<td>O</td>
</tr>
<tr>
<td></td>
<td>Emma S</td>
<td>Working hard in Science &amp; getting along with others</td>
<td>GA</td>
</tr>
</tbody>
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What ‘key’ does your award relate to this week?
O = Organisation (Orange)
G = Getting Along (Green)
C = Confidence (Yellow)
P = Persistence (Purple)
R = Resilience (Red)

**COMMUNITY NEWS**

JOIN THE FUN OF LITTLE ATHLETICS

Registrations for Lake Illawarra’s 2014-2015 Season will be taking place every Sunday during August between 1pm and 3pm at the Myimbarr Community Park

Bring this ad to receive 10% of the Registration Fee*

*Valid for the 1st Child Only, Not valid for Online Registrations

For more information contact: lillac@hotmail.com.au or visit www.lillac.net.au
Why consistency improves kids’ behaviour

One of the simplest ways to improve a child’s behaviour is to be more consistent.

Consistency is often sacrificed by busy parents and put in the ‘too-hard basket’. When parents are tired, stretched and overworked the last thing we want to do is engage in a battle with a strong-willed child over what are sometimes petty issues. Besides, consistency can make a well-meaning parent who values relationships feel downright awful.

But giving in rather than holding your ground is not a smart long-term strategy. If you give in occasionally kids will learn that if they push hard enough, or give that winning smile, you will eventually give in. Consistency is about being strong. It takes some backbone to be consistent.

Here are some ideas to help you be consistent with your kids:

1. Focus on priority behaviours. It’s difficult to be consistent with every single misbehaviour, but it’s easy to focus on one or two. When you are consistent with one or two priority behaviours it has a positive impact on other behaviours.

2. Give yourself a tangible reminder about the behaviour you want to follow up. Leave a note somewhere telling yourself that you need to “Walk away when a child whines. Don’t give in.” Or “Catch your kids doing the right thing when they resolve a problem without arguing.”

3. Check your routines. Make sure you have simple routines for troublesome times of the day such as bedtime or mealtimes.

4. Act rather than overtalk or repeat yourself when kids misbehave. Sometimes it’s really inconvenient to set a consequence, as you may have to battle a tantrum that follows. But the stand-firm approach pays off in the long-term as kids learn eventually that you mean what you say, and say what you mean. That’s what firm, consistent discipline requires.

5. Agree to a joint position with your partner about a range of parenting issues such as discipline methods, going out, the use of technology, alcohol, sexuality and other important areas.

For more practical ideas to help you raise happy confident kids subscribe to Happy Kids, Michael’s free email newsletter at Parentingideas.com.au. You’ll get a free Chores & Responsibilities Guide when you do.